

RESOURCES

BOOKS FOR STUDENTS

A HANDFUL OF QUIET: HAPPINESS IN FOUR PEBBLES

Thich Nhat Hanh

This book introduces pebble meditation, a fun activity that introduces children to mediation.

BUDDHA AT BEDTIME

Nagaraja, Dharmachari

Building on the age-old art of storytelling, this book re-tells twenty ancient Buddhist tales in a way that is thoroughly fun and accessible to children.

READING BUDDHIST ART: AN ILLUSTRATED GUIDE TO BUDDHIST SIGNS AND SYMBOLS

McArther, Meher

A concise, accessible primer to the intricate world of Buddhist art.

ONLINE RESOURCES

HIGHLIGHTS OF "THE WAY OF THE ELDERS"

<http://unframed.lacma.org/2011/07/11/highlights-of-the-way-of-the-elders/>

A LACMA blog post on an installation of SE Asian Buddhist art commissioned and donated to Buddhist temples and monasteries.

"SACRED SPACES WITH THE TIBETAN BUDDHIST SHRINE ROOM"

<http://rubinmuseum.org/events/exhibitions/sacred-spaces>

A description and virtual tour of a Tibetan Buddhist shrine room installed in The Rubin.

"THE RUBIN MUSEUM OF ART LOOKING GUIDE"

http://rubinmuseum.org/images/content/2014_Looking_Guide4.pdf

A guide to symbols and important figures in Himalayan Buddhist art.

ONLINE RESOURCES (cont.)

"LEARNING TO LOOK AT ASIAN ART"

<https://www.nortonsimon.org/video-learning-to-look-at-asian-art-at-the-norton-simon-museum/Medium>
A guide to the iconography of Buddhist, Hindu and Jain deities.

KHAN ACADEMY

<https://www.khanacademy.org/humanities/art-history/art-asia/beginners-guide-asian-culture/buddhist-art-culture/a/introduction-to-buddhism-2>
A variety of resources (essays and videos) related to Buddhism and Buddhist Art throughout Asia. Much of the content is written by scholars and curators in the field and includes objects from museums.

SMARTHISTORY

<http://smarthistory.org/tag/world-religions/>
A variety of resources (essays and videos) related to Buddhism and Buddhist Art throughout Asia. Much of the content is written by scholars and curators in the field and includes objects from museums.

BOOKS FOR TEACHERS

THE WORLD OF BUDDHISM

Bechert, Heinz and Richard Gombrich, eds.

This text describes the teachings of the Buddha, looks at Buddhism in India, Burma, Thailand, China, Korea, and Japan, and looks at Buddhist history, sects, shrines, and temples.

BUDDHIST ART AND ARCHITECTURE

Fisher, Robert E.

This book describes all the Buddhist schools and cultures, and explains their imagery, from Tibetan cosmic diagrams and Korean folk art to early Sri Lankan sites and Japanese Zen gardens.

BOOKS FOR TEACHERS (cont.)

TEACHING ASIAN ART: CONTENT, CONTEXT, AND PEDAGOGY

Sheng Kuan Chung

Teaching Asian Art provides American art teachers with cultural insights and historical/spiritual perspectives through lessons inspired by Asian art, allowing them to make meaningful connections across the curriculum.

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THE SILK ROAD IN WORLD HISTORY

Xinru Liu

The Silk Road was the contemporary name for a complex of ancient trade routes linking East Asia with Central Asia, South Asia, and the Mediterranean world. This book examines the spread of new ideas, religions, and values through the Silk Road.